

Chaotic Times

Organised Chaos Newsletter

"Creating SPACE -
Restoring ORDER"

Issue 72 - February 2015

Why you should fall in love
with decluttering



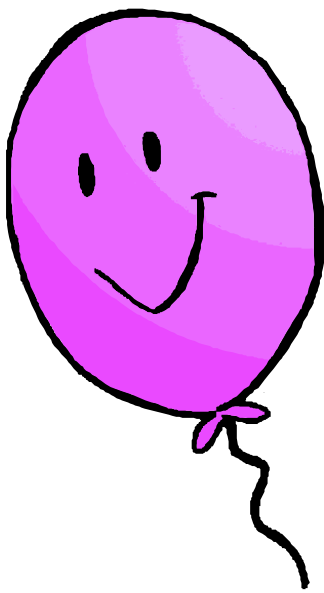
Dear Friends of Organised Chaos

Welcome to the February edition of **Chaotic Times!**

Valentine's Day has come and gone, but I couldn't resist a 'love' theme for February's newsletter!

It's a bit of fun, after all - and there's no reason why decluttering shouldn't be fun. Yes, honestly

So, let's crack on. Why should you learn to love decluttering - not just in February, but all year round?



It enhances your mood

First and foremost there is a sense of satisfaction to be had when a decluttering session is complete.

Whilst it might be tough 'psyching yourself up' to get started, I can pretty much guarantee that by the end of it you will feel better about yourself and better about your environment too. So go on, put a smile on your face.

Support your favourite charity

You might not be sufficiently affluent to make regular donations to charity. Think again though, does this charity have a shop in your local area?

If they do, then this is the perfect opportunity to help them whilst helping yourself.

Your clearout could be a bumper donation of clothing, books, toys and bric-a-brac.

Can you feel the love?



Do you hate housework?

I have to say it's not my favourite activity either! The really good news about having a more minimalist approach to life and ditching some clutter is that you spend far less time on housework. Think about it, how much time do you currently spend moving stuff around before you can dust or even vacuum?

So your housework can be done in a fraction of the time if you just spend some time decluttering! What's not to like about that?



Declutter to save money!

Lots of people manage to raise cash from clutter. Whether that's by advertising on e-bay or local classified adverts, or by attending a car boot sale. So you may be able to realise the value in your unwanted possessions. Just because you don't need it doesn't mean someone else won't pay good money to acquire it from you!

The other way you can save money is by finding things you thought were lost. Quite often my clients have a "aha" moment when we uncover something they thought had disappeared forever. Think what you do when you consider something to be lost - you go out and replace it, don't you? Well, sometimes my clients have done this repeatedly. No wonder they have so much stuff and ironically this just perpetuates the problem! One client recently realised she had four sets of nutcrackers! So save money by not having to buy duplicate items that aren't really needed.

Of course this has all been a bit of fun - but I hope you can see that there are so many reasons why you would benefit from learning to love decluttering. I do hope you will feel inspired to take the plunge.



If that just feels too daunting - then do give me a call - I'm happy to help and have years of experience helping people just like you.

*Best regards,
Judith*

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