## **Chaotic Times**

### **Organised Chaos Newsletter**

# "Creating SPACE -Restoring ORDER"

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Clutter is costing you money!



#### **Dear Friends of Organised Chaos**

Welcome to the first **Chaotic Times** of 2013!

January is a fantastic month to take the bull by the horns and claim back your living space from all that clutter.

This month though, instead of a "how to ....", I'm going to get you thinking about the cost of clutter. Let's face it, we're all trying to make our money go further these days.

So, if decluttering could save you money - would that be just the motivation you need to get *you* started?

Just think! That could be two of your New Year's resolutions in one hit - save money and ditch the clutter.



Of course you may have had your clutter for a while and many of my clients make the mistake of getting fixated by how much these items cost when new. Forget that, that money has been spent and it won't help to berate yourself for 'wasting' money. Everyone's needs change, it's a fact of life.

#### 10 ways your clutter is costing you money!

- 1. How big is your house? How much space is taken up with "stuff" that you don't need? Could you downsize if you got to grips with your clutter? Cut your mortgage or rental payments.
- 2. Are you considering moving to a *larger* house? Decluttering to stay where you are saves solicitor's and estate agent's fees along with all the other related expenses. According to Jan 2012 figures, www.moneywise.co.uk says moving house could cost between £7,000 and £20,000 shocking!
- 3. Are you considering extending your home to make more room for your stuff? Save the architect's fees and builder's fees not to mention the cost of all that new carpet!



- 4. Do you ever waste time looking for things? Don't forget the old adage, "Time is money"
- 5. Do you pay a cleaner to do your housework? How much time does she spend *tidying* your things before she starts cleaning?
- 6. Are you receiving treatment for stress or anxiety? Chances are that if you get your clutter sorted you will feel so much better you can save money on your medication (after consultation with your GP).
- 7. Personal storage facilities have become a popular solution to having more possessions than will comfortably fit into your house. Definitely cheaper than moving but don't be fooled by the offer of a few free weeks. Once you've set up your regular payment you may well forget how much money you're spending, storing what? At an average of £20 per week for a smallish container, you can wave goodbye to over a thousand pounds each year.
- 8. Are you spending money on eating out because you can't face entertaining friends and relatives at home?
- 9. Consider the money you waste when things get damaged and broken due to inappropriate storage. The less space you have available, the more likely this is to happen. Think expensive clothes in a heap, books on the floor, crowded ornaments, etc. Hard to quantify.
- 10. Why not consider alternative ways you could spend this money? How about a holiday? Just the thing to be planning in January. Also, don't forget that anything you no longer want may have some second-hand value which you can realise in a variety of ways. That's more money for the holiday fund! OK that makes it nine ways, really!



#### How I can help

If you want to make a big shift for 2013 with regard to your clutter there are a variety of ways I can support you.

Practical sessions cost £30 per hour (minimum booking 3 hours). After one or two sessions many of my clients transform their lives by shifting huge amounts of unwanted possessions and reclaiming their space.

This could be you!

If you'd prefer some remote assistance with specific tips for your own situation and lots of encouragement, then try my <u>phone consultations</u>. Calls can be planned at regular intervals so you get motivation on an ongoing basis. Ideal if you're the kind of person who loses enthusiasm after an impressive start!

What are you waiting for? Let 2013 be the year you take control of your clutter - once and for all.

## Best regards, Judith

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