

Chaotic Times

Organised Chaos Newsletter

"Creating SPACE -
Restoring ORDER"

Issue 61 - March 2014

What makes a home 'homely'?



Dear Friends of Organised Chaos

Welcome to the March edition of **Chaotic Times!**

I think most people would agree they want their homes to be relaxing, and cosy with a personal touch that makes them feel literally 'at home' in their own space. There would also be those who consider it important to make guests feel 'at home' too.

But what does it mean to feel 'at home'? What does that look like?



It's probably not a room full of clutter. If there's nowhere to sit down at the end of a tiring day, or no space to share a meal, then for most people, that wouldn't feel homely, or welcoming.

So, imagine the opposite, a room where there are no personal items at all - no photos, no ornaments, no half-read books, no hobbies or toys.

A room like that would probably not feel homely, either.

The cluttered room is likely to feel like sensory overload - not a place to relax and unwind

You might find it distracting and uncomfortable, possibly not even fit for purpose. Think of the inaccessible dining room. Guests may feel awkward in a cluttered room - assuming you have any guests.

The ultra-minimalist room is likely to feel sterile and impersonal

Even though the furniture is comfortable, it might be hard to relax here. The kind of place where cushions are there for show - not for use, perhaps?

I would suggest that there is always a middle way, with anything. Decluttering is no different and like lots of other things it has to be done in a way that is right for YOU - nobody else.



I have a sneaky suspicion that people make assumptions on how I work with my clients. These assumptions are not based on anything I have said or done, however!

Assumption 1 - Judith will criticise me for getting so cluttered

Why would I do this? I understand the root causes of clutter and know that nobody makes a direct choice to live this way. My role is to help you find what makes your home 'homely', and help you feel better.



Assumption 2 - Judith will make me get rid of things

Remember, the aim of decluttering is for you to feel more at home in your own space. This is not about me making decisions on your behalf. What I *will* do is help you make informed decisions about what you keep and what you decide to part with. My objective is to find out what *really* matters to you and to honour that.

Assumption 3 - Decluttering with Judith will be a scary process

Oh, my goodness!

I can't say it will necessarily be entirely painless or easy - but if it was either of those things, you'd have already decluttered without my help. What I can say is that my role is to support and encourage you through the process. My aim is that you end the session feeling so much better than when you started. If that means making a few tough decisions and experiencing some emotion, is that sufficient reason *not* to do it?

Just remember the potential gains for your living space, your social life and most importantly for your wellbeing.



I'm not a magician - BUT

Imagine what your home would look like if you really could wave that magic wand.

Imagine a comfortable, homely place to live that is relaxing and uncluttered.

Maybe there's a place for everything when you decide to have a tidying session?



Dare to hold that vision!

I can help you find that elusive balance between cluttered and homely, Minimalist and tidy. The solution that is unique to you is waiting to be discovered. Call or [e-mail me](mailto:organised@judithmorris.co.uk) today and find out how I can help.

What is it that makes your home unique to you? What makes it feel homely? I'd love to know! E-mail or post on my FB page!

*Best regards,
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