

Chaotic Times

Organised Chaos Newsletter

"Creating SPACE -
Restoring ORDER"

Issue 63 - May 2014

Discover why it's best
NOT to love decluttering



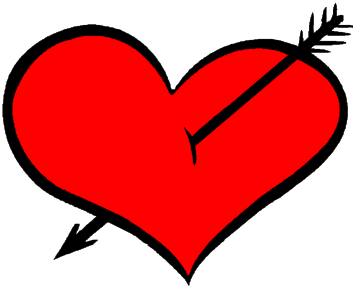
Dear Friends of Organised Chaos

Welcome to the May edition of **Chaotic Times!**

Have you ever met someone who claims to “love decluttering?”
Because of what I do, people I meet seem drawn to telling me all about their passion

Such a person takes great pleasure in having frequent purges of their belongings. He or she is a regular attraction at their local car boot sale, always with a car piled high with unwanted ‘stuff’. They’re also frequent visitors to their favourite charity shop and are also kept busy selling things on e-bay.

Phew!! They’re turning decluttering into a time consuming hobby.



Chances are that when you encounter someone like this your first reaction is a pang of guilt - you feel you *ought* to be more like them.

“If only I could enjoy decluttering more - my home would be clearer, tidier and more welcoming.”

If you should happen to mention that you’re considering some decluttering yourself, then your acquaintance will do their best to convince you that this is something that is best done on a *regular* basis. If you do it often enough, they will say, you’ll grow to love it!

I wonder if you’re beginning to think I’ve lost the plot somewhere?

PREPARE TO BE SHOCKED



Here's what I advocate for my clients:

Declutter for as long as it takes to get to the point where you feel relaxed and happy in your own space.

After decluttering, make sure you organise your remaining possessions and store them appropriately. Lots about this in previous newsletters.

Adopt a maintenance regime.

The next point is key, so take note!

Decluttering should *not* be your aim in life. Decluttering is a means to an end. Decluttering is a life lesson. If you declutter in an informed way you will come to understand why it was that you had too much stuff.

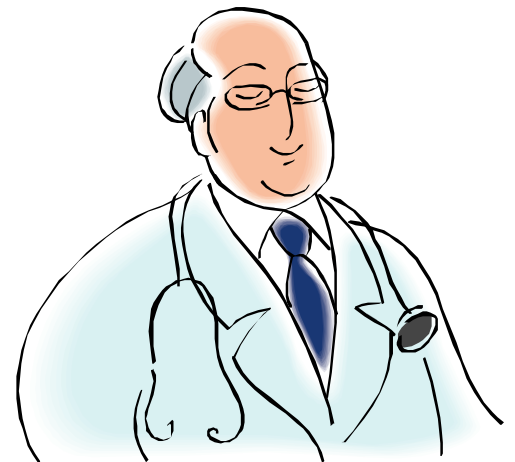
SHOCK NEWS

Think for a moment.

If you get to the point where you have an understanding of why you had too much stuff

This means that you need never end up in that situation again . . .

It's like a decluttering diagnosis!



Imagine, only having to do ONE major declutter. What would that mean for you?

Of course, if you prefer to just go on filling every charity bag that gets delivered to your house and regaling friends with stories about your e-bay exploits, then that's fine. It's a lifestyle choice.

I just want you to realise - it doesn't have to be like that.

Are you ready to take the plunge?

How I can help

So, you want to declutter? You want it to be life changing?

You *don't* want to become a slave to decluttering?

I have seven years of experience working with clients just like you. I can help you unlock the mystery of your clutter. All the things you have accumulated have a story to tell and buried in amongst all the things are the reasons why you're in this situation.

If you want to change and learn from the past, then there's never a better time than now!

Give me a call - what's stopping you?

01327 705294 - go on, you've nothing to lose but your clutter and everything to gain.

*Best regards,
Judith*

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