

Chaotic Times

Organised Chaos Newsletter

"Helping you to
clear clutter and
feel -

Better!"

Issue 12 - February 2010

'Starting Small - Your Sock Drawer!'

Dear Friends of Organised Chaos

Welcome to the February edition of **Chaotic Times!**

February can be a pretty dismal month with winter having it's last fling. If you're stuck indoors with some time to spare why not tackle some de-cluttering? At least you're in the warm and will have a sense of achievement when you've done.

De-cluttering a small cupboard or some drawers will give you a quick result and maybe spur you on to tackle a bigger project.

What's your sock drawer like? Ladies, is your lingerie in a muddle? Gents, what about your ties? It can be surprisingly satisfying to install some order for these items of clothing and this job will take minutes rather than hours!



It's all too easy when socks and underwear have been washed and dried just to toss them into a drawer without much thought. I often wonder how socks manage to disappear leaving lonely odd socks at the bottom of a drawer. But it seems to happen to everyone!

The best way to start is by turning out the contents of the drawer. Tip everything onto your bed so you can spread it all out. Now you can see what you've got you might decide it's time to ditch those Christmas novelty socks that you were given 10 years ago by a well meaning relative! Honestly, if you've only worn them once you really don't need them.

Likewise, separate out the odd socks and get rid of them. Check your laundry basket for those that have gone AWOL if you like. Trust me, some of them are gone for good. Just don't ask me where!

Are you harbouring socks which have holes or are practically threadbare? If so, ditch them. Make sure the good ones are folded together in pairs.

If you're sorting out ties, underwear or belts the same kind of rules apply.



It goes without saying, don't keep anything that no longer fits properly. If you have belts for outfits that are long gone then they need to go as well.

Gentlemen, are all your ties fit to wear? If they are tatty, out of date or stained now is the time to part with them.

Just by going through this simple process you will have reduced the contents of your drawer and made more room for the items you wear regularly. This will mean they get less creased and are easier to find.

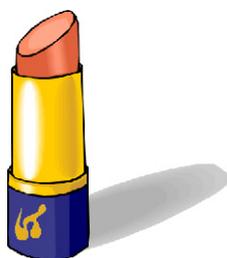
If you want to take this one step further you could use a special drawer organiser to stop smaller items ending up in one big heap. This kind of thing is particularly useful in larger drawers.

I'm pleased to say that once again it's **Really Useful Boxes** to the rescue!

The photo on the right shows the **12-compartment tray**, used independently of a box. Filled with a mixture of belts, ties and socks to give you the idea. Also available with 6 or 16 divisions for different contents.



Measuring (375mm x 310mm x 90mm) the trays fit comfortably into my chest of drawers. Priced at just **£5.00** each, significantly cheaper than similar items offered by the likes of Lakeland Plastics. As usual these boxes are available direct from me for clients and networking contacts. Trays are available in different sizes, so please ask.



Once you've sorted your sock drawer you might be spurred on to sort out cosmetics and jewellery. Time to throw out those old not quite used up tubes of foundation, and shades of lipstick that you used to wear all the time - but not any more. Don't forget the ancient bottles of nail varnish and caked up mascara!

Some readers may consider that to devote a whole edition of 'The Chaotic Times' to tidying your sock drawer is going too far

I would like to defend myself, by pointing out that this simple exercise effectively demonstrates the benefits of more extensive de-cluttering.

Surprisingly, having a tidy, organised sock drawer (or any other drawer for that matter) will actually save you time.

Just imagine what it would be like to have more time!



Well, happy sock sorting! If you want to save even more time, get in touch to find out how I can help.

*Best regards,
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