

Chaotic Times

Organised Chaos Newsletter

"Helping you to
clear clutter and
feel -

Better!"

Issue - July 2011
'Quotes and sayings -
to help you declutter'

Dear Friends of Organised Chaos

Welcome to the July edition of **Chaotic Times!**

Many readers will know of William Morris (1834-1896), English textile designer, associated with the Arts & Crafts movement. William Morris is also frequently quoted because his words are particularly relevant in these modern times:

"Have nothing in your houses that you do not know to be useful or believe to be beautiful."

Now, I could wax lyrical about William Morris designs, as I'm quite a fan. However, I want you to focus on the quote. It's concise, and so relevant to the task of decluttering. My suggestion is that you try to remember it - or at least the gist.

Think about it. If you're completely honest with yourself, why would you want stuff in your home that you believe to be ugly, unattractive, or that serves no useful purpose? This brings me neatly on to a well known saying:



"Beauty is in the eye of the beholder."

In other words, if you don't like something, don't feel obliged to display it in your home!

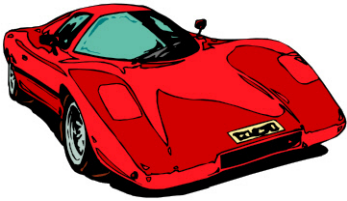
It's my belief that these two phrases alone could be really helpful when you have a decluttering dilemma. When you're really not sure whether to keep something or to let it go. Remember these wise words and ask yourself the questions. Is it useful? Do I believe this to be beautiful?

Don't get caught out though! A book about DIY car maintenance is in itself useful - but not to me! Only *you* know if you'll use something. If you won't - chances are that what you don't need is just what someone else is looking for! That's what I call a win-win solution!



My next quotation delves further back into history. Socrates was a classical Greek philosopher, born around 469 BC. I find it incredible that such ancient words can have such resonance in modern times. But Socrates is clearly advocating a minimalist lifestyle.

"The secret of happiness, you see, is not found in seeking more, but in developing the capacity to enjoy less."



I'm no philosopher, but consider for a moment our Western consumer society and the current state of Western economies.

Gratification achieved by constantly "seeking more" is short lived. If you can begin to pare down your belongings you will find you become more appreciative of what you have.

One other reason to limit your belongings is of course a potential lack of storage space. This brings to mind the saying:

"A place for everything, and everything in its place."

This should maybe be the Organised Chaos motto! Unless you adhere to this philosophy, you will be constantly surrounded by clutter. It will be impossible for you to 'tidy up'. If you need help [rationalising storage](#) in either a domestic or business environment, please get in touch, as this is such an important part of being organised and stress free.

You might think this is a bit of a strange approach to [decluttering](#), but there is some logic here.

You've read the [self-help books](#), you've tried some tidying, but the problem keeps coming back - so what now?

Is there something lacking?

Is that something, INSPIRATION?



Maybe you're so bogged down in the 'how' and the 'why' and the 'where do I start', that you just talk yourself out of attempting that decluttering project. It's easier just to leave it.

What if you forgot all those questions? What if you were so inspired that all you knew was that you wanted to do it? Because it's driving you mad living in chaos.

Sometimes, all you need is to read the right thing or hear the right thing in order to discover that [INSPIRATION!](#)

So, ponder on these quotes. Maybe one of them will INSPIRE you to take action!



INSPIRED to attend a [decluttering workshop?](#)
Next date is September 26th!

Well, As ever, I look forward to hearing your feedback on this issue!

*Best regards,
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