

Chaotic Times

Organised Chaos Newsletter

"Helping you to
clear clutter and
feel -

Better!"

Issue 37 - March 2012

'Is your clutter beyond help?'

Dear Friends of Organised Chaos

Welcome to the March edition of **Chaotic Times!**

This issue marks three years of newsletters for Organised Chaos so I'd like to say a big thank you to those of you who are loyal and keen readers. The feedback I get from you all makes it well worth the effort.

If you'd like to see what that first edition looked like, then check out the [newsletter archive on my website](#).



Minimalist living?

I suggest that it's not really about the volume of clutter in your home or your office. It's about the emotional connection you have to all those things.

Otherwise you'd hire a skip - book a day off and it would be "job done". You'd probably feel pretty exhausted, but your home or office would be looking great!

So what can you do about it?

It would be wonderful if every reader was able to use the hints and tips I provide to improve their levels of organisation both at home and at work.

It's easy to read a newsletter, but it's not always so easy to follow advice, no matter how well meaning. If this sounds like you, you're not alone.

Many clients confess to thinking that they are beyond help!

I'd like to use this edition of the newsletter to convince you that it's easier than you think!



You need to get firm with yourself!

What do you believe to be most important in your life? People? Or things?

That question is for all those times when you've told yourself you can't get rid of something because it has sentimental value. If your home is bursting at the seams because you can't get rid of anything, then ultimately this will impact on your personal relationships.

Do you live alone? If so, do you avoid inviting friends round for a meal or a chat? If heaps of stuff are coming between you and your social life then it's time to take control.



Maybe you live with other family members? How do they feel about the state of your shared home?

**Life's tough enough without
constant arguments about
untidy rooms!**

Equally, if the untidy area is your work space, then you probably hesitate to host meetings and dread clients popping in unexpectedly. Do colleagues have to share this disorganised area? Does it impact on their work?

If you're struggling to get started - despite all of the above, then you need more than a monthly newsletter!

Get motivated!

I can provide support in a variety of ways. Our initial chat will be about **WHY** you want to declutter. Until you have this clear in your mind then success will be limited. Think of all the things you avoid doing because of the clutter. Make a list if you like. Think of the things you *have* to do - but that are made difficult because of the clutter.

Now, think of what you'd *like* to be able to do. Turn those negatives into positives. Once you have a mental image of the possibilities, then it's time to give me a call. We'll talk about your motivation and expand on it.

You'll get to the point where you can't wait to get started!

My role then is to keep you motivated and help you work your way through the accumulated piles, sorting and clearing as we go.

All you need to do is make some decisions!

I'll make sure you don't lose sight of your goal and will be giving you lots of encouragement.

Whether you choose a telephone consultation or the hands on Service -

I guarantee you'll feel much better as a result -

or it won't cost you a penny!



Well, I hope this month's newsletter has spurred you on to take control!

*Best regards,
Judith*

t: 01327 705294

e: clutter@judithmorris.co.uk

w: www.judithmorris.co.uk

follow my blog on: <http://clutter-free-mind.blogspot.com>

Please note: descriptions of products in this newsletter cannot be guaranteed as accurate, nor are they an endorsement of quality. Please check thoroughly before making any purchase. Any problems encountered as a result of purchase are not the responsibility of Organised Chaos or Judith Morris.

Should you wish to unsubscribe from this newsletter please follow this link - www.judithmorris.co.uk/newsletters.php