

Chaotic Times

Organised Chaos Newsletter

"Helping you to
clear clutter and
feel -

Better!"

Issue 7 - September 2009
'Wardrobe Weeding'

Dear Friends of Organised Chaos

Welcome to the September edition of **Chaotic Times!**

By the time you read this, summer will almost be over and the nights starting to draw in. This subtle shift from one season into the next is the ideal time to tackle an over full and muddled wardrobe.



If you're anything like me you will have spent the summer washing and ironing T-shirts that are really past their best. Save yourself some work - demote them to dusters! We've had plenty of wet weekends this summer. Wait for the next one and then tackle this job, you'll feel so much better afterwards.

We spend a lot of money on our clothes so there can be a tendency to hang onto them, even when they are worn out, no longer fit, or have simply become unsuitable for whatever reason. I would argue that this is all the more reason to weed out your wardrobe. If your wardrobe is bursting at the seams it probably means that you can never find your favourite items. Lack of space means clothes get badly creased and will always need ironing before wear - what a chore!

If you are in the category of not even being able to fit all your clothes in your wardrobe then this is a job that is long overdue. Your clothes deserve better than being shoved into carrier bags and strewn around your bedroom. Remind yourself how much you paid for them!

When I meet people I always take care to point out that I am not immune to clutter myself. In fact I can pretty much guarantee that everyone has a degree of clutter in their homes at some point.

The key is knowing when it's getting out of hand or realising when an item has ceased to be useful. Most people who are perceived to be clutter-free will, perhaps unknowingly, have adopted one or both of these strategies.

I am aware that my wardrobe has things in it I haven't worn for a while - so now's the time to have a look!



This exercise produced several items which hadn't been worn for quite some time and were purely taking up hanging space.

Two Dresses: One bought several years ago for a funeral. It never really suited me and always reminded me of the funeral.

Three Summer Tops: Now I know which colours suit me I understand why some items in my wardrobe never got much wear. Time to send them to the charity shop!



Two Skirts: One definitely too big round the waist now - yippee!

I will take all these to a charity shop ASAP - never leave it too long or you may find your resolve weakening. In addition to the above I also have a suit and a couple of tailored jackets which I no longer wear. For the time being these can stay - but not permanently. Higher value items can sometimes be sold via the classified ads of the local paper or taken to a 'Swishing Evening' and exchanged for something that really suits you.

Don't forget - fashions change, taste changes, our bodies change - this is why something you absolutely loved a couple of years ago may have had its day. That's not forgetting those impulse purchases at sale time or when you have an event to attend and need something at short notice. Contact my friend [Helen Jinks, Image Consultant](#) for sound advice on style and colour - no more expensive mistakes! Helen also organises ['Swishing Evenings'](#)



Some months ago Helen and I pooled our knowledge to come up with a new service '**Bedroom Blitz**'. The aim is to restore tranquillity to what should be a relaxing environment. We start with a de-clutter and then Helen advises on getting the most from your wardrobe. Please see [Newsletter - May 09](#) for more details.



Shoes can so easily end up in a jumbled heap at the bottom of your wardrobe which means they can get crushed. Again, how often do you waste time looking for the other half of a pair of shoes before you go out? If you have so many shoes they won't even fit in your wardrobe then it might be time to ask yourself how many of them get regularly worn!

Don't forget that **Organised Chaos** now stocks a range of '**Really Useful Boxes**' for every storage dilemma. Pictured above are six of the 8L Open Frontier size which are designed to stack whilst allowing easy access to all your shoes. Price per unit is £6.00. Boxes are available to de-clutter clients and networking contacts at no extra delivery charge.

Well, I hope that's spurred you on to tackle your wardrobes and piles of clothes. Let me know how you get on, I'd like to dedicate a future issue to readers success stories. Don't forget, I'm always happy to give out positive encouragement on the phone.

*Best regards,
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